

Herrick Primary - Week 3

Paul

 Cereals Containing Gluten

 Peanuts

 Tree Nuts

 Milk

 Eggs

 Crustaceans

 Fish

 Celery and Celeriac

 Soya and Soya Products

 Sesame Seeds

 Molluscs

 Mustard

 Lupin

 Sulphites

 GM Foods

 Vegetarian

 Vegan

 Gluten Free

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meals	BBQ Chicken Pizza - Rectangle - Halal Does Contains:    Gluten (Wheat), Cereal Containing Gluten, Milk, Mustard May Contain:  Celery and Celeriac Modifiers:	Lamb Hotpot - Halal Does Contains:  Celery and Celeriac May Contain: Modifiers:	Turkey Puff Pastry Pie - Halal Does Contains:  Gluten (Wheat), Cereal Containing Gluten May Contain:     Soya and Soya Products, Lupin, Mustard, Celery and Celeriac Modifiers:	Smoky Chicken & Bean Taco - Halal Does Contains:  Gluten (Wheat), Cereal Containing Gluten May Contain: Modifiers:	Fish Stars Does Contains:   Gluten (Wheat), Cereal Containing Gluten, Fish May Contain: Modifiers:

	Monday	Tuesday	Wednesday	Thursday	Friday
Vegetarian Meals	Cheese & Red Onion Pizza - Rectangle  Does Contains:   Gluten (Wheat), Cereal Containing Gluten, Milk May Contain: Modifiers:	Vegan Mince Hotpot (VG/GF/DF)  Does Contains:   Soya and Soya Products, Celery and Celeriac May Contain: Modifiers:	Vegetarian Cottage Pie / Shepherds Pie (VG/GF)  Does Contains:    Sulphites, Soya and Soya Products, Celery and Celeriac May Contain: Modifiers:	Smoky Vegan Bean Taco  Does Contains:  Gluten (Wheat), Cereal Containing Gluten, Gluten (Barley) May Contain: Modifiers:	Vegetable Nuggets KS1 (VG)  Does Contains:  Gluten (Wheat), Cereal Containing Gluten May Contain: Modifiers: Vegetable Nuggets KS2 (VG)  Does Contains:  Gluten (Wheat), Cereal Containing Gluten May Contain: Modifiers:

	Monday	Tuesday	Wednesday	Thursday	Friday
Sides	Side Salad (VG/GF/DF)  Does Contains: May Contain: Modifiers: Herby Diced Potatoes  Does Contains: May Contain: Modifiers:	Sweetcorn (half portion) (VG)  Does Contains: May Contain: Modifiers: Broccoli (half portion) (VG/GF)  Does Contains: May Contain: Modifiers:	Carrots (half portion) (VG/GF)  Does Contains: May Contain: Modifiers: Knorr Gravy (VG)  Does Contains: May Contain: Modifiers: Green Beans (half portion) (VG)  Does Contains: May Contain: Modifiers: Mashed Potatoes (VG)  Does Contains:  Sulphites May Contain: Modifiers:	Vegetable Rice (VG)  Does Contains: May Contain: Modifiers: Side Salad (VG/GF/DF)  Does Contains: May Contain: Modifiers:	Chips (VG)  Does Contains: May Contain: Modifiers: Baked Beans (VG)  Does Contains: May Contain: Modifiers:
Third Option					

	Monday	Tuesday	Wednesday	Thursday	Friday
	Side Salad (VG/GF/DF)  Does Contains: May Contain: Modifiers:	Jacket Potato Baked Beans Topping (VG/GF/DF)  Does Contains: May Contain: Modifiers:	Side Salad (VG/GF/DF)  Does Contains: May Contain: Modifiers:	Jacket Potato (VG)  Does Contains: May Contain: Modifiers:	Side Salad (VG/GF/DF)  Does Contains: May Contain: Modifiers:
	Twisty Pasta (VG)  Does Contains:  Gluten (Wheat), Cereal Containing Gluten May Contain:  Gluten (Barley), Gluten (Rye), Gluten (Oats) Modifiers:	Side Salad (VG/GF/DF)  Does Contains: May Contain: Modifiers:	Twisty Pasta (VG)  Does Contains:  Gluten (Wheat), Cereal Containing Gluten May Contain:  Gluten (Barley), Gluten (Rye), Gluten (Oats) Modifiers:	Jacket Potato Baked Beans Topping (VG)  Does Contains: May Contain: Modifiers:	Twisty Pasta (VG)  Does Contains:  Gluten (Wheat), Cereal Containing Gluten May Contain:  Gluten (Barley), Gluten (Rye), Gluten (Oats) Modifiers:
	Twisty Pasta Topping - Tomato Sauce (VG/GF)  Does Contains: May Contain: Modifiers:	Jacket Potato (VG/GF/DF)  Does Contains: May Contain: Modifiers:	Twisty Pasta Topping - Vegan Grated Cheddar (VG/DF)  Does Contains: May Contain: Modifiers:	Side Salad (VG)  Does Contains: May Contain: Modifiers:	Twisty Pasta Topping - Grated Cheddar (GF)  Does Contains:  Milk May Contain: Modifiers:
	Twisty Pasta Topping - Grated Cheddar (GF)  Does Contains:  Milk May Contain: Modifiers:	Jacket Potato Grated Vegan Cheese Topping (VG/GF/DF)  Does Contains: May Contain: Modifiers:	Twisty Pasta Topping - Grated Cheddar (GF)  Does Contains:  Milk May Contain: Modifiers:	Jacket Potato Grated Cheese Topping  Does Contains:  Milk May Contain: Modifiers:	Twisty Pasta Topping - Vegan Grated Cheddar (VG/DF)  Does Contains: May Contain: Modifiers:

	Monday	Tuesday	Wednesday	Thursday	Friday
	Twisty Pasta Topping - Vegan Grated Cheddar (VG/DF)  Does Contains: May Contain: Modifiers:	Jacket Potato Grated Cheese Topping  Does Contains:  Milk May Contain: Modifiers: Jacket Potato Tuna Topping Does Contains:  Fish May Contain: Modifiers:	Twisty Pasta Topping - Tomato Sauce (VG/GF)  Does Contains: May Contain: Modifiers:	Jacket Potato Grated Cheese Topping (VG)  Does Contains: May Contain: Modifiers: Jacket Potato Tuna Topping Does Contains:  Fish May Contain: Modifiers:	Twisty Pasta Topping - Tomato Sauce (VG/GF)  Does Contains: May Contain: Modifiers:
Desserts	Fruit - Banana (VG)  Does Contains: May Contain: Modifiers: Fruit - Orange (VG)  Does Contains: May Contain: Modifiers:	Fruit - Grapes (VG)  Does Contains: May Contain: Modifiers: Yogurt (Mullerlight)  Does Contains:  Milk May Contain: Modifiers:	Fruit - Orange (VG)  Does Contains: May Contain: Modifiers: Fruit - Banana (VG)  Does Contains: May Contain: Modifiers:	Fruit - Grapes (VG)  Does Contains: May Contain: Modifiers: Yogurt (Mullerlight)  Does Contains:  Milk May Contain: Modifiers:	Fruit - Banana (VG)  Does Contains: May Contain: Modifiers: Yogurt (Mullerlight)  Does Contains:  Milk May Contain: Modifiers:

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	Monday	Tuesday	Wednesday	Thursday	Friday
			Rhubarb & Ginger Oat Crumble 🌿 Does Contains: 🍃 Gluten (Wheat), Cereal Containing Gluten, Gluten (Oats) May Contain: 🌾🥚 Gluten (Barley), Soya and Soya Products Modifiers:		